We can stay safe financially. Let's start with a few simple steps.





The Federal Trade Commission also has helpful information on a variety of consumer scams, including how to avoid them and where to report them. Contact the FTC at *FTC.gov* or call 1-877-382-4357.

- Get a free credit report each year. Go to *AnnualCreditReport.com* or call 1-888-382-1222
- Protect personal data. Shred unneeded bank statements, canceled checks and credit card applications.
- Block illegal robocalls and use Caller ID to screen incoming numbers.
- When traveling, have your mail held or ask a neighbor to pick it up.
- Sign up for direct deposit.

US Postal Inspection Service: Enforcing the mail fraud statute for more than 100 years. Visit us at uspis.gov.

It's Up to All of Us to Protect Each Other from Fraud



Upon retirement, we all should:

- Create Peer Support. Identify trusted friends and family members to confer with.
- Designate Power of Attorney and establish advance directives.
- Stay engaged as we age.

Social isolation is the number one risk factor for financial exploitation.

We can reduce social isolation through community centers and friendly visitor programs. Financial safety networks spot scams quickly and address them effectively.